NEW COURSE

FUN FITNESS*
(SND 003)

This class is designed for students with mild to moderate learning delays and who are independent in daily living skills. It will provide opportunities for students to improve individual fitness levels and have fun while participating in a wide variety of movement activities and games. There is no individual supervision for students before, during or after class. While on campus, students are expected to exhibit appropriate behavior. Gym shoes and appropriate workout clothes are required.

Section 01—July 11–14
Section 02—July 18–21
Section 03—July 25–28
M, Tu, W, Th, 12p–3p
Fee: $59
Room: 116E

* An enrichment course for adults with special needs.
For more information e-mail: mcspecialneedsclasses@gmail.com